

2011_Pratikaman

Paath#		Pages #
	Unamokar Mantra	
	Aalochana Paath (Only ARTH)	
	arth or bhavarth 1 to 11	1 to 8
	arth or bhavarth 12 to 21	8 to 15
	arth or bhavarth 22 to 33	15 to 23
	sudguru- upkardarshan	23 to 24
	Pranipat stuti	24
1	Manglacharan	1 to 2
2	Vandana / Tikkkhutto	Harigeet or Arth
3	Atma na bhaav	Harigeet or Arth
4	Stuti	Harigeet or Arth
5	chah pud no patra (1 to 5 pud)	7 to 8
	6 th pud	8 to 11
6	Sri Sadguru Vandan	11
7	Sri Samaysarji	either Harigeet or Arth only
	Jiv nu Swaroop to Punya-Paap nu Swaroop	Harigeet or Arth 12 to 20
	Aasrav nu Swaroop to Sanvarnu Swaroop	Harigeet or Arth 20 to 24
	Nirjaranu Swaroop	Harigeet or Arth 24 to 29
	Bandh nu Swaroop	Harigeet or Arth 29 to 32
	Mokasha nu Swaroop	Harigeet or Arth 33 to 34
	Sarvavishuddhgyan nu Swaroop	Harigeet or Arth 34 to 36
8		37
9	Baar Vrat	37 to 41
10	Sanlekhna	41
11	Mithyatva nu swaroop	41 to 42
12	Chaar Mangal	43
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16	Pratyakhan	47 to 48
17	Namotthun	48 to 50